

The **Global** **NEW LIGHT** of **MYANMAR**



This image showcases a flourishing mango plantation in Myanmar.

MyanTrade discusses mango pulp exports to Russia

Myanmar primarily exports fresh mangoes to China, but this year's mango yield has dropped by 50 per cent in addition to sluggish demand both at home and abroad.

THE Myanmar Trade Promotion Organization (MyanTrade) under the Ministry of Commerce held a virtual meeting on 28 July regarding the export of Myanmar mango pulp to Russia. Russia primarily imports mango pulp from India. They want to bring in 10,000 tonnes

of mango pulp from India. MyanTrade will link Russian buyers with Myanmar dried mango and mango pulp suppliers.

MyanTrade Director-General Dr Htein Lin gave an opening remark. Officials of the Agriculture Department

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A vendor displays mangoes for sale.

Japan Culture and Education Fair set to launch



This image showcases an invite advert for the Japan Culture and Education Fair.

THE Japan Culture and Education Fair, a combination of Kira Kira Japan Summer Festival, which can give a taste of Japanese summer and Japan Education Fair, which can provide advice on studying in Japan, will be held on 2-3 August.

At Kira Kira Japan Summer Festival, games which are played in summer festivals of Japan, Kanji Bingo game, Karate and Kendo demonstration, wearing Yukata, lucky draw and dance performance will be included, said the Japan Foundation, Yangon.

At the end of the second day, bon dance, which is a symbol of Japanese summer, will be performed together with participants, and Japanese traditional fans will be presented on a first-come, first-served system. Participants can take a photo with Japanese traditional fans and can join the bon dance.

Organized by the Japan Foundation and Myanmar Association of Japan Alumni (MAJA), the festival will be held on 2 and 3 August at Hledan M-Tower, 18th Floor. No registration is necessary, and anyone can come to enjoy for free.

There will be a Yukata corner at the festival, and interested participants need to register for the first day at <https://forms.gle/GvygUqzB9unzWNnd7> and the second day at <https://forms.gle/rVoNpNjiwW21xcE68>. MAJA has provided the contact numbers at 09 428756746 and 09 986093637 for more information.

Licensed Academy will host the Japan Education Fair, which brings learning opportunities in Japan, at the same time. To know about it, individuals can visit <https://www.facebook.com/share/19SWFoejQj/?mibextid=wwXIfr>. – MT/ZS

OPINION

Eradicate human traffickers in society


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400 books on Myanmar and earthquake risk donated to Info Ministry libraries

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Firefighters evacuate over 2,200 in Kalaw, Aungban, and Yaksawk

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NATIONAL

Ethnic armed groups need to emphasize the interests of the entire Union and all ethnic nationalities

❖ Ethnic armed groups need to consider the interests of the entire Union and all ethnic nationalities with genuine goodwill, placing them above their own organizational or individual wishes and interests. They must act with a focus on achieving lasting peace for the Union.

(An excerpt from the message sent by Chairman of the State Administration Council, Prime Minister Senior General Min Aung Hlaing, to the ceremony to mark the 78th Anniversary of Shan State Day, which falls on 7 February 2025)

MMPO to honour members' children who passed matric exam



The ceremony of honouring outstanding students and giving financial support for the 2024-2025 academic year is in progress.

MYANMAR Motion Pictures Organization (MMPO) will honour its members' children who passed the matriculation exam in the 2024-2025 academic year at the 20th awarding ceremony.

In addition to students who passed the exam with flying colours, those who didn't have distinction will

be honoured, said MMPO. MMPO urged its members to submit the list of student names, parents' names (copy of MMPO membership card and copy of household member list), along with exam results, passed or passed with distinctions.

"MMPO honours awards to students passed the ma-

triculation exam when the exam result is released. This year, we will honour awards too, so we have invited members to submit applications after filling necessary data," said MMPO joint secretary 2 U Chan Thar Kyi Soe.

The deadline for the application is 15 August 2025.

— MT/ZS

Weather Myanmar Daily Weather Report

(Issued at 7 pm Tuesday 29 July 2025)

BAY INFERENCE: Monsoon is strong over the Andaman Sea and Bay of Bengal.

FORECAST VALID UNTIL NOON OF 30 July 2025: Rain or thundershowers will be scattered in northern Shan States, fairly widespread in Magway Region and Kachin and Kayah State and widespread in the remaining Regions and States with likelihood of isolated heavy falls in Nay Pyi Taw, Mandalay, Bago, Lower Sagaing and Taninthayi Regions and Kayin, Mon and southern Shan States. Degree of certainty is 100 per cent.

THE CONDITION OF CUMULONIMBUS CLOUD: The cumulonimbus clouds are developing in Yangon, Lower Sagaing, Ayeyawady and Taninthayi Regions and Chin, Mon, Rakhine and Shan (southern and eastern) States. The area along the cumulonimbus clouds movement, the weather phenomena such as strong winds accompanied with rain, thunder, lightning and hail may occur and therefore it is recommended to be aware in advance of these phenomena.

STATE OF THE SEA: Occasional squalls with rough seas will be experienced off and along the Myanmar Coasts. Surface wind speed in squalls may reach 35 miles per hour Wave height will be about 9-12 feet off and along the Myanmar Coasts.

OUTLOOK FOR SUBSEQUENT TWO DAYS: Strong monsoon over the Andaman Sea and South Bay of Bengal.

FORECAST FOR NAY PYI TAW AND NEIGHBOURING AREA FOR 30 July 2025: Some rain or thundershowers. Degree of certainty is 100 per cent.

FORECAST FOR YANGON AND NEIGHBOURING AREA FOR 30 July 2025: Some rain or thundershowers. Degree of certainty is 100 per cent.

FORECAST FOR MANDALAY AND NEIGHBOURING AREA FOR 30 July 2025: Isolated rain or thundershowers. Degree of certainty is 100 per cent. — DMH

Flood Bulletin

(Issued at 7:30 pm MST on 29 July 2025)

ACCORDING to the 6:30 pm MST observation today, the water level of the Sittoung River at Toungoo has exceeded by about two feet above its danger level. It may rise about 1/2 foot during the next one day and may remain above its danger level.

According to the 6:30 pm MST observation today, the water level of the Sittoung River at Madauk has exceeded by about

5"1/2 feet above its danger level. It may rise about two inches during the next one day and may remain above its danger level.

According to the 6:30 pm MST observation today, the water level of the Shwegyin River at Shwegyin has exceeded by about three feet above its danger level. It may fall about 1/2 foot during the next one day and may remain

above its danger level.

According to the 6:30 pm MST observation today, the water level of the Thanlwin River at Hpaan has exceeded by about more than five feet above its danger level. It may fall about 1/2 foot during the next one day and may remain above its danger level.

According to the 6:30 pm MST observation today, the water level of the Thaungyin River at Myawady has exceeded by more than four feet above its danger level. It may rise about

one foot during the next one day and may remain above its danger level.

According to the 6:30 pm MST observation today, the water level of the Bilin River at Bilin has exceeded by more than 11/2 feet above its danger level. It may rise about 1/2 foot during the next one day and may remain above its danger level.

According to the 6:30 pm MST observation today, the water level of Mae Sai Stream at Tachilek (Lawltawkhram Village)

has exceeded by about two feet above its danger level. It may fall below its danger level during the next one day.

It is noticeably advised to to the people who settle near the river banks and low lying areas in Tachilek Township. It is especially alert to the people who settle near the river banks and low lying areas in Toungoo, Shwegyin, Hpa-an, Myawady and Bilin Townships and Madauk, to stay away from the flood-prone areas. — DMH

NATIONAL

Residents Urged to Prioritize Public Safety Amid Armed Terrorist Threats

ARMED terrorists have been launching attacks by using residential homes and administrative buildings in towns and villages as cover, where they have forcibly settled. They aim to shield themselves from Tatmadaw counterattacks while also persuading temporarily displaced persons to return to their native areas and recruiting new members. That enables terrorists to use civilians as human shields. Tatmadaw is committed to safeguarding the sovereignty of the State and will respond to these threats based on intelligence and prevailing conditions. Therefore, residents in areas where terrorists have taken control must prioritize their safety and protect themselves from being exploited by these groups.

(An excerpt from guidance given by Chairman of the State Administration Council, Prime Minister Senior General Min Aung Hlaing to Shan State cabinet members and state-level departmental officials on 3 September 2024)

SAC enacts Sixth Amendment to Pyithu Hluttaw Election Law

THE State Administration Council enacted the Sixth Amendment to Pyithu Hluttaw Election Law as the SAC Law No 45/2025 under Section 419 of the Constitution of the Republic of the Union of Myanmar on 29 July.

The law mentioned amendments to some provisions of Sections 2, 8, 13, 14, 17, 18, 19, 22, 30, 40, 41, 43, 45, 46, 48, 49, 52, 58, 64, 65, 66, 70, 78, 82, 88 and 89, respectively. — GNLM/TTA

SAC passes Sixth Amendment to Amyotha Hluttaw Election Law

THE State Administration Council enacted the Sixth Amendment to Amyotha Hluttaw Law as the SAC Law No 46/2025 under Section 419 of the Constitution of the Republic of the Union of Myanmar on 29 July.

The law stated its amendments to some provisions of Sections 2, 4, 8, 13, 14, 17, 18, 19, 22, 24, 27, 28, 30, 35, 40, 41, 43, 45, 46, 48, 49, 52, 55, 58, 64, 65, 66, 70, 78, 81, 82, 88 and 89, respectively. — GNLM/TTA

Post-Earthquake Technical Forum enters second day



SAC Member Deputy Prime Minister Union Defence Minister General Maung Maung Aye speaks on the second-day occasion of the Post-Earthquake Technical Forum in Nay Pyi Taw yesterday.

THE second day of the Post-Earthquake Technical Forum, under the title of technically reviewing post-earthquake construction and renovation process and preparing potential technical challenges in the future, took place at Mingala Thiri Hotel in Nay Pyi Taw yesterday.

State Administration Council Member Deputy Prime Minister Union Minister for Defence General Maung Maung Aye, who is also Chairman of the Buildings Restoration,

Utilization, and New Buildings Construction Supervision Committee, made a speech and presented certificates to international experts and officials of three Myanmar Construction Entrepreneurs Associations for their participation and efforts in holding the event.

During the first session of the event, the Myanmar and foreign experts read papers titled “Retrofitting and Reconstruction of the Earthquake Affected Pagodas and Historical Monu-

ments”, “Lesson Learned from Retrofitting of Private Houses in Nepal after the 2015 Gorkha Earthquake”, Analysis of Major Earthquakes in Myanmar and Future Earthquake Risks”, “Resilient Structures for Buildings and Infrastructures in High Seismic Zones” and “ Application of Isolation Technology in Post Earthquake Reconstruction and Reinforcement”.

During the second session, the researchers read out the papers titled “Techniques for

Repairing Earthquake-Damaged Buildings”, “Challenges and Lessons Learned from Earthquake Hazards”, “Developing Disaster-Resilient Infrastructure through Construction Sector Growth and Strict Compliance with Standards” and “Assessments and Survey of Earthquake-Affected Pagodas and Ancient Monuments”.

During the third session, the participants discussed the topic of “Construction of Earthquake-Resistant Buildings and

Provisions of MNBC-2025”, while the fourth session was about “Standards for Construction Materials and Challenges in Compliance and Usage” and the fifth session about “The Role of Local Supervisory Committees and Builders in Constructing Earthquake-Resistant Buildings”.

After the events, Myanmar Engineering Council Patron Union Minister U Myo Thant made a concluding remark. — MNA/KTZH

NATIONAL

Sixth Amendment to Region and State Hluttaw Election Law enacted

THE State Administration Council enacted the Sixth Amendment to the Region and State Hluttaw Election Law as the SAC Law No 47/2025 under Section 419 of the Constitution of the Republic of the Union of Myanmar on 29 July.

The law mentioned amendments to some provisions of Sections 2, 4, 8, 13, 14, 17, 18, 19, 22, 27, 28, 30, 35, 40, 41, 43, 45, 46, 48, 49, 52, 55, 58, 64, 65, 66, 70, 78, 81, 82, 88 and 89, respectively. — GNLM/TTA

SAC enacts law to protect multiparty democratic general elections from obstruction, disruption, and destruction

THE State Administration Council enacted the Law on the Protection of Multiparty Democratic General Elections from Obstruction, Disruption, and Destruction as the SAC Law No 48/2025 under Section 419 of the Constitution of the Republic of the Union of Myanmar on 29 July.

The law aims to prevent obstruction and disruption of the work process of the multiparty democratic general elections. Moreover, it shall prevent disruption and obstruction of canvassing activities carried out under the law during the pre-election period of the multiparty democratic general elections. The law shall cover the prevention of disruption and obstruction of the right of eligible voters to cast their votes freely under safe and secure conditions. In addition, the law aims to enable polling stations and on-duty personnel inside the stations to carry out their responsibilities with full security. — GNLM/TTA

SAC Member inspects projects in Kayah

STATE Administration Council Member Porel Aung Thein, accompanied by Kayah State Chief Minister U Zaw Myo Tin and other officials, attended a ceremony to provide basic foodstuffs for the temporarily displaced people due to the terrorist attacks, in Loikaw on 28 July.

At the event, the SAC member and state chief minister talked about the public participation in security, stability and rule of law in the state, systematic accommodation, access to water, electricity, education, health, further assistance for agriculture, livestock and resuming of original vocational businesses.

They handed over the food to the displaced people. They also donated rice and offerings at the Kyaunghtine monastic training school.

At the Training School for Development of Nationalities Youth from Border Areas in Daw-nokuu ward, they met staff and students, and the SAC member highlighted the establishment of a training school for the development of youths from border areas

and the need to understand the goodwill of the government.

The SAC member and party presented cash prizes to the staff and students, and observed the training school compound.

They oversaw the traditional flagstaff hall, which was destroyed in a terrorist attack in Htaythama ward.

During the meeting with the Kyaythoeboe board of trustees, they instructed to repair the main hall and other halls, and plan to organize traditional festivals.

Yesterday morning, the SAC member and party met the healthcare staff at the Loikaw 500-bed General Hospital meeting hall. They gave funds for a medical endowment and food for the staff. They also comforted the patients and gave them nutrients.

The SAC member and party met teachers and students of the Agricultural and Livestock School (Chikel) at the BEHS 2 in Loikaw, provided them with food, and inspected the school maintenance plans and the peaceful learning of students.



SAC Member Porel Aung Thein looks into fertilizers designated for local monsoon paddy farmers in Loikaw area villages.

They also attended the food and cash donation ceremony for churches in Loikaw at the State Hall.

At noon, they met local farmers in Nwalawoe village and provided the farmers of monsoon paddy from Nwalawoe and Htiri

villages with urea fertilizers.

They proceeded to the 33/11kV 5MVA Kayan Thaya power substation, which was seriously destroyed by terrorists, and inspected the maintenance work.

When the work is completed, electricity can be distributed to

wards and villages in downtown areas of Loikaw, four urban wards, Loikaw industrial zone and Htiri, Kontha, Saungkan, Warikaw khu and Pikinkaw khu villages along the Loikaw-Moebye Road, and also to Moebye. — MNA/KTZH

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NATIONAL

DPM MoFA Union Minister receives Pakistani Ambassador



Pakistani Ambassador Mr Imran Haider calls on Deputy Prime Minister MoFA Union Minister U Than Swe yesterday.

DEPUTY Prime Minister and Union Minister for Foreign Affairs U Than Swe received Ambassador of Pakistan to Myanmar Mr Imran Haider, who is leaving Myanmar after the

completion of his tour of duty, at the Ministry of Foreign Affairs in Nay Pyi Taw yesterday. During the farewell call, they reviewed the existing friendly relations between

Myanmar and Pakistan and exchanged views on further strengthening cooperation in the areas of mutual interests, including culture, capacity building and tourism. — MNA

DPM MoFA Union Minister receives UNHCR Representative in Myanmar

U Than Swe, Deputy Prime Minister and the Union Minister for Foreign Affairs, received Ms Noriko Takagi, UNHCR Representative in Myanmar, yesterday at the Ministry of Foreign Affairs in Nay Pyi Taw. They exchanged views on matters related to UNHCR's

ongoing activities in Myanmar as well as ways and means for further cooperation between the Government of Myanmar and UNHCR. Also, present at the meeting were senior officials from the Ministry of Foreign Affairs. — MNA



The UNHCR Representative in Myanmar calls on Deputy Premier MoFA Union Minister U Than Swe in Nay Pyi Taw.

Science and Tech Ministry, Indian Embassy sign cooperation deal

THE Union Minister for Science and Technology and Ambassador of the Republic of India to the Republic of the Union of Myanmar signed a Programme of Cooperation (POC) in Science and Technology yesterday at the Ministry Office in Nay Pyi Taw. Since 2012, POC (2012-2015) and POC (2018-2021) have already signed on behalf of the Republic of the Union of Myanmar and the Republic of India for strengthening cooperation between the two countries in the fields of science and technology.



The POC signing event between the Ministry of Science & Technology and India in progress yesterday.

This signing is from 2025 to 2028. By signing this POC the following scientific and technological areas will be concertedly engaged; more explicitly, biotechnology including food, medical and agriculture, nano technology, technologies for smart university, green technologies, robotics, AI and blockchain technology, virtual reality and augmented reality (3D imaging technologies), advanced material science, renewable energy, electric vehicle technology, critical minerals, geospatial technol-

ogy and monitoring and evaluation for science and technology strategic plan as per identified by Myanmar-India Joint Working Group conducted on 17 May 2024. Deputy Minister Dr Aung Ze Ya, the permanent secretary, the director-general, the deputy permanent secretary and the deputy director-general from the Ministry of Science and Technology, and first secretaries and officials of the Embassy of the Republic of India to the Republic of the Union of Myanmar also attended the signing event. — MNA

Myanmar, India exchange letter to extend quick impact projects pact, sign border strip maps

THE ceremony to exchange a Letter for Extension of Agreement between Myanmar and India regarding Implementation of Quick Impact Projects and to sign Thirty-Six Myanmar-India Boundary Strip Maps at the

Plenipotentiary Level was held at the Ministry of Foreign Affairs in Nay Pyi Taw yesterday. At the ceremony in the presence of Deputy Minister for Foreign Affairs U Lwin Oo, the Letter for Extension of Agree-

ment regarding Indian Grant Assistance for Implementation of Quick Impact Projects was exchanged by Dr Wah Wah Maung, Deputy Minister for Investment and Foreign Economic

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The exchange event of agreement extension for quick impact projects underway yesterday.

NATIONAL



Union Minister U Maung Maung Ohn accepts the donated books in Nay Pyi Taw yesterday.

400 books on Myanmar and earthquake risk donated to Info Ministry libraries

A donation ceremony of books, Myanmar and Earthquakes, Earthquake Risk Reduction in Myanmar, written by Professor (Retd) Sayagyi Dr Thein, Head of the Geology Department of Yangon University, for the libraries and library committee of the Ministry of Information, was organized in Nay Pyi Taw yesterday.

The ceremony was attended by Union Minister U Maung Maung Ohn, Deputy Minister U Ye Tint, the permanent secretary, departmental officials, the

chairperson, vice-chairperson and officials from the Myanmar Geosciences Society.

Myanmar Geosciences Society Chair Dr Sone Han briefed on the donation.

Union Minister U Maung Maung Ohn said the book written by Dr Thein is a valuable one that provides useful knowledge and information about earthquakes. It is not only relevant to the current situation but will also be beneficial for the future. Therefore, it is a book that should be kept in libraries. He also expressed

gratitude for the generous donation of such a valuable book.

The Union minister received 400 books from the chair of the Myanmar Geosciences Society, and gave a certificate of honour in return.

The book of Sayagyi Dr Thein is reprinted by Myanmar Geosciences Society, and donated to the libraries and library committee of the ministry, and the donations will be distributed to the relevant libraries. — MNA/KTZH

Myanmar, India exchange letter to extend quick...

FROM PAGE 5

Relations of Myanmar and Mr Abhay Thakur, Ambassador of India to Myanmar. With the extension of this agreement, India will continue to provide grant assistance to Myanmar under the Mekong-Ganga Cooperation Initiative signed on 27 February 2020.

Next, in the presence of Deputy Minister for Foreign Affairs U Ko Ko Kyaw, Thirty-Six Myanmar-India Bound-

ary Strip Maps were signed by U Hau Khan Sum, Permanent Secretary of the Ministry of Foreign Affairs of Myanmar and Mr Abhay Thakur, Ambassador of India to Myanmar, on behalf of the respective governments. The signing of these maps will enhance the effective and coordinated management of the Myanmar-India boundary, while further strengthening bilateral cooperation between the two countries. — MNA

MoIP, India sign MoU for Myanmar's digital ID pilot programme



The MoU signing event between the Ministry of Immigration and Population on pilot cooperation in Myanmar's Digital Identity Programme in progress yesterday.

A signing ceremony for the Memorandum of Understanding (MoU) on pilot cooperation in Myanmar's Digital Identity Programme between the Ministry of Immigration and Population (MoIP) and the Government of the Republic of India was held yesterday at the Ministry's meeting hall in Nay Pyi Taw.

Union Minister for Immigration and Population U Myint Kyaing, Deputy Ministers U Htay Hlaing and Dr Myo Thant, Indian Ambassador to Myanmar Mr Abhay Thakur, senior officials, and departmental staff attended the ceremony.

In his opening address, the Union minister highlighted that the Government of India is extending essential IT assistance to support the implementation of a foundational digital identification (e-ID) system in Myanmar, which is a crucial component of the country's e-Government framework. He noted that the MoU reflects a significant milestone in technical collaboration between the two nations to implement Myanmar's pilot Digital Identity Project.

He further expressed appreciation for India's continued support, including technical

guidance, efficient implementation strategies, human resource development, and policy-sharing that will benefit Myanmar's digital transformation.

Following that, Indian Ambassador Mr Abhay Thakur reaffirmed the Government of India's commitment to supporting the implementation of Myanmar's Digital Identity Pilot Project through close cooperation and resource sharing.

Subsequently, Union Minister U Myint Kyaing and Ambassador Mr Abhay Thakur signed the MoU and exchanged the signed documents.

The MoU aims to facilitate mutual collaboration in implementing Myanmar's Digital Unique Identity Programme, a foundational element of the e-Government initiative. The cooperation will involve the sharing of India's technological expertise, regulatory practices, and operational experiences, alongside technical exchanges and knowledge sharing between government officials and experts. The agreement also includes pilot implementation support of Myanmar's Digital ID Programme. — MNA/KZL

Top websites and web portals to access Military Service Rules

- Office of the State Administration Council
<https://sacoffice.gov.mm>
- Ministry of Defence
<https://www.mod.gov.mm>
- Ministry of Legal Affairs
<https://www.mlis.gov.mm>
- Ministry of Information
<https://www.moi.gov.mm>
- Myawady Webportal
<https://myawady.net.mm>
- Myanmar National Portal
<https://myanmar.gov.mm>

NATIONAL

MyanTrade discusses mango pulp exports...

FROM PAGE 1
explained the mango production situation in the country. Business entities also discussed challenges and collaboration matters with Russian buyers to boost dried mango and mango pulp exports.

Myanmar mostly exports fresh mangoes to China. Myanmar's mango yield is down by 50 per cent this year amid weak domestic and foreign demand. The high cost of cultivation inputs batters growers. Low use of cultivation inputs affected quality in 2012, causing postharvest diseases such as stem end rot and black spots in fruit. Some traders did not even cover the cultivation cost due to the inferior quality of Seintalone mango. Of about 200 mango varieties that originated in Myanmar, Seintalone, Shwehintha, Padamya Ngamauk, Yinkwe, and Machitsu varieties are primarily grown. The foreign market prefers Seintalone varieties.

Ayeyawady Region possesses the most extensive mango plantation acres, having about 46,000 acres. Bago Region is the second largest producer, with 43,000 acres, and Mandalay has 29,000 acres of mango. There are over 24,000 acres in Kayin State, over 20,400 acres in Shan State and over 20,000 acres in Sagaing Region, according to the association. — NN/KK

Gold shops in Yangon face surprise inspection

SURPRISE inspection was carried out at gold shops in Yangon Region to check their compliance, according to the Yangon Region Gold Entrepreneurs Association. Under the instruction of the gold market monitoring and steering subcommittee (Nay Pyi Taw), an inspection team (Yangon) comprising its members, YGEA, and the registration board of the respective departments undertook a surprise check on gold shops such as Shwe San Eain Gold Shop, Thamadi Gold Shop and Thin Shwe Sin Diamond and Gold Shop in Lanmadaw Township, Kyauktada District, Sein Nan Taw, Lucky and Three Eagle Jewellery in Latha Township on 28 July. According to the directive of the subcommittee, the team checked on-ground whether the gold shops conduct transaction according to daily reference price of the Mineral (Gold) Reference Price Determination Committee, they hold a valid licence or not, they



A gold shopkeeper displays a variety of gold ornaments for sale.

abide by Notification 43/2021 of the Central Bank of Myanmar and they stock the gold to manipulate the market. Furthermore, a report will be done upon inspection findings on gold receipts, business licence and documents, YGEA stated. The subcommittee also directed Aung Satt Kyar Digital Scale and bill counter distribution (panda company), Shinpo digital gold scale trading (Pyae Sone Hein Group of Companies), Centra Digital Scale Trading (AD Mya Pan Wah Company) to comply

with the rules during a meeting held at the Meeting Hall of the No 2 Mining Enterprise of the Ministry of Natural Resources and Environmental Conservation on 3 July 2025. Gold shops need to switch to a digital scale measurement system with 16.329325 grammes per tical of pure gold. Failing to do so is subject to strict action, Federation of Myanmar Gold Entrepreneurs Association. The Mineral (Gold) Reference Price Determination Committee set the pure gold ref-

erence prices at K5.9 million per tical (16.329325 grammes) with 19.25 grammes of the density of gold at present. On 12 June, the Yangon Region Gold Entrepreneurs Association also requested owners of gold shops to strictly adhere to the instructions. Otherwise, they will face legal actions for non-compliance during inspections. YGEA also asked gold refineries, shops and online traders to seek mandatory gold trading licences. Gold shops are compulsory to obtain a mineral (gold) trading licence, a business licence granted by the respective municipal office, a precious gold trading registration and the relevant business licence for gold refineries, traders or gold transaction service providers. Licences can be sought through www.ecommerce.gov.mm. Gold trading online, gold sales through the tally system and lottery system are prohibited. Gold shops are notified to seek licences and stick to the reference prices to stabilize gold prices. — NN/KK

Fisheries Dept stocks fingerlings for 4,216 acres of flooded Bago fish ponds this monsoon

THE Fisheries Department and Myanmar Fisheries Federation released notices for the fish farmers to be aware of weather conditions and make preparations, as some of the regions and states face flooding due to storms in the 2025 monsoon. In the 2024 monsoon, 4,215.93 acres of fish ponds in Bago Region were flooded, and the Fisheries Department provided fingerlings to resume fish farming. According to the weather forecast of the Department of Meteorology and Hydrology yesterday, five regions and states, including Bago Region, will have heavy rainfalls, and the low-lying areas such as Kyaukgyisu ward, southern Zaiganine, Kyunthaya ward and Myothit ward are flooded, but not the fish ponds. In October 2023, Bago Region also experienced sudden heavy rain, causing fish ponds to flood and water to overflow up to the foot of the Shwemawdaw



In July and August 2024, 56 fish farmers faced losses due to floods, and the Bago Region government and Fisheries Department provided 2,000 fingerlings. One of the flooded areas in Bago is pictured. PHOTO: ZWE MARN

Pagoda. In July and August 2024, 56 fish farmers faced losses due to floods, and the Bago Region government and Fisheries Department provided 2,000 fingerlings of rohu, tilapia and catfish per acre, and over 300,000 tonnes of fish were produced per year. "Bago City's danger water level is 880 centimetres, and as of today, the water level is

at 870 centimetres, so officials are closely monitoring the situation. Unlike previous years, the regional government had already repaired and prepared the streams and canals in advance to ensure proper water flow this year. Therefore, water has not yet entered the fish ponds. The water level in Bago has not reached the danger mark yet, although it is expected to. So

far, there have been no reports of water entering or overflowing into fish farms. Everything is in a ready and stable condition," said U Tun Tun Naing, chair of the Bago Region Fisheries Federation. The fish produced from over 3,000 fish ponds are transported nationwide and exported to foreign countries. — Thitsa (MNA)/KTZH

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Eradicate human traffickers from society

HUMAN trafficking remains a serious global threat, fuelled by organized crime. Each year, increasing numbers of victims are trafficked over longer distances, subjected to greater violence, held for extended periods, and exploited for higher profits. Between 2020 and 2023, over 200,000 victims were identified worldwide, but this represents only a fraction of the true scale. The actual number of unreported cases is believed to be much higher.

Organized criminal networks are behind this widespread victimization and exploitation, exploiting migration routes, global supply chains, legal and economic loopholes, and digital platforms to carry out large-scale cross-border trafficking. They profit from forced labour, sexual exploitation, and coercion into criminal activities such as online scams and drug trafficking.

The United Nations Office on Drugs and Crime marks World Day Against Trafficking in Persons every year on 30 July to raise global awareness in the fight against human trafficking. The theme for 2025 is “Human Trafficking is Organized Crime – End the Exploitation.” Organized criminal networks drive this victimization and exploitation, using migration flows, global supply chains, legal and economic loopholes, and digital platforms to facilitate large-scale cross-border trafficking.

To combat human trafficking, it is essential to implement educational programmes targeting vulnerable groups, including women and children, and to coordinate national efforts in prevention, rescue, and assistance activities. A crucial aspect is recognizing that trafficking survivors often endure psychological trauma; therefore, their voices must be heard and respected to support their reintegration into society. To eradicate human trafficking, governments, non-governmental organizations, and all citizens must work collaboratively.

and sell children for organ trafficking.

Human trafficking is a type of crime that cannot be solved by the government of a single country alone. It can only be reduced and controlled through the combined and coordinated efforts of all countries worldwide. This requires cooperation between the United Nations and international organizations, collaboration among national-level authorities, capacity building, public awareness sharing, technical support, full protection and care for trafficking victims, and fostering a collective spirit among the public to oppose and eradicate traffickers. Hence, Myanmar is implementing the Anti-Human Trafficking Plan for the 2022-2026 financial years.

To combat human trafficking, it is essential to implement educational programmes targeting vulnerable groups, including women and children, and to coordinate national efforts in prevention, rescue, and assistance activities. A crucial aspect is recognizing that trafficking survivors often endure psychological trauma; therefore, their voices must be heard and respected to support their reintegration into society. To eradicate human trafficking, governments, non-governmental organizations, and all citizens must work collaboratively.

EMOTIONAL suffering is not merely a fleeting mood or psychological abstraction – it is deeply rooted in our neurobiology. The human brain carries the imprint of past pain within its very circuits, shaping how we perceive the world, regulate emotions, and relate to others.

Eckhart Tolle’s concept of the “pain-body” – a reservoir of accumulated emotional pain – finds striking parallels in neuroscience. In particular, the brain’s limbic system, including the amygdala and hippocampus, encodes emotionally charged experiences. These memories are tagged as significant and can be reactivated by seemingly minor cues, often without conscious awareness. Far from fading over time, these emotional imprints are reinforced through repetition, forming feedback loops that keep old wounds alive in the present.

The pain-body, then, can be understood as a neuro-affective pattern, a system of heightened

reactivity that feeds on attention, identification, and the constant replaying of personal narratives. When it is activated, we often feel hijacked: our bodies tense, our minds narrow, and we may behave in ways that feel impulsive or out of character. This happens because the prefrontal cortex, the part of the brain responsible for thoughtful decision-making, becomes inhibited, allowing the emotional brain to take control.

The key to dissolving the pain-body lies in disrupting these loops. Neuroscience points to the role of the anterior cingulate cortex, which governs attention. By cultivating present-moment awareness, we engage in what’s known as “top-down modulation” – the intentional use of higher brain

functions to regulate emotional responses. This is not passive mindfulness, but active engagement: paying close attention to the raw sensation of emotion, rather than being swept away by the story we tell about it.

True transformation doesn’t come from suppression or strug-

gle. It comes from witnessing. In this act of gentle observation, we cease to feed the pain-body. Without attention, it begins to lose its grip. Compassion and presence become the dominant neural patterns. What emerges is not a life without pain, but a self no longer defined by it.

Let the pain-body starve. Let it shrink without your attention. As its voice fades, may you find a quieter mind, a clearer heart, and a presence grounded not in past suffering, but in the freedom to choose anew.

Why Old Hurts Still Echo - and How to Quiet Them

Painful memories aren’t just “in your head”. They live in your brain’s wiring, waiting for the right

even harmful. In Burmese, “progress” may be best translated as တိုးတက်မှု (toe-tet-hmu), capturing the spirit of advancement or upliftment, while “regress” aligns closely with နောက်ကျခြင်း (naut-kyā-jin) or နောက်ပြန်ဆုတ်ခြင်း (naut-pyan-sote-jin), reflecting decline or retreat. Understanding these terms in both English and our native tongue helps us grasp not just their dictionary meanings but also their deeper implications in our personal development journey.

A Personal Journey of Progress: From Folktales to Dictionaries

My own journey of personal development began in earnest during the summer of 1979, after I passed the matriculation examination. With six or seven months of free time before the next phase of education, I was determined not to let the precious interval slip by idly. Encouraged by my mother, I picked up a Burmese folktales booklet by Dr Htin Aung — a title she and my father had studied in their school days. That small volume sparked in me a greater hunger for learning, especially in the realm of language.

Recognizing this drive, my father gave me one of his most treasured possessions: U Tun Nyein’s **English-Burmese Dictionary**. It

Progress or Regress: Bridging the Gap to Foster Personal Growth

Understanding the divide between progress and regression can unlock the path to personal development and collective success.

By @Editor

became my starting point — not just for vocabulary-building, but for shaping a deeper understanding of the English language. At 16, however, I faced steep challenges. Many of the words and expressions I encountered were far beyond the grasp of my school-level curriculum. I lacked the Oxford Advanced Learner’s Dictionary at that time, a resource I would come to value and use extensively later during my university years, when I majored in English Language and Literature at Rangoon University.

Yet, despite the difficulties, I pressed on. I wrestled with unfamiliar words, copied definitions, built mental flashcards, and slowly, but surely, built up a basic yet solid foundation in English. That summer became a quiet turning point.

By the time I enrolled in Regional College 1 in Botahtaung in 1980, I could already feel the fruit of my

moment to flare up. This idea, popularized by writer Eckhart Tolle as the “pain-body,” lines up neatly with what neuroscientists see under the microscope.

The pain-body in action
When an old wound re-awakens:

1. Body first: Heart races, muscles tense, breath shortens.
2. Mind next: Thoughts narrow, old stories replay (“They always ignore me”).
3. Impulse takes over: We snap, withdraw, or over-explain before we realize what’s happening.

That’s because the brain’s alarm centre (amygdala) has drowned out the wise planner in the front (prefrontal cortex). We’re temporarily running on emotion, not reason.

triggers an outsized reaction; yesterday’s hurt suddenly feels brand-new.

How pain gets stored

- The limbic system – especially two almond-sized hubs called the amygdala and hippocampus – tags emotional events as important.
- Each time a similar sight, smell, or phrase pops up, those brain cells fire again.
- The more often they fire, the stronger the connection grows – like a well-trodden path through grass.

Over months or years, these “emotional shortcuts” can hijack the present. A casual remark

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By Khin Maung Myint

Breaking the loop

Scientists call the way back “top-down modulation.” In plain English: use the thoughtful part of the brain to calm the reactive part.

- Notice the signal. The moment you feel the surge – name it (“Tight chest... old anger”).
- Shift to sensation. Focus on raw data: the warmth in your face, the thump of your heart. This keeps attention in the present, where the pain-body can’t feed on past stories.
- Breathe and wait. Even 90 seconds of steady breathing lets the chemical storm subside.
- Choose a response. Once calm, the prefrontal cortex switches back on, offering options besides fight, flight,

stories from agencies like AP, Reuters, TASS, and Yonhap, I never allowed myself to plateau. I refused to stay confined within a “comfort zone”. Instead, I observed, learned, and absorbed everything I could from my senior editors — from word choices to editorial ethics and precision in news language. I saw every article not just as a task to complete, but as an opportunity to **improve my craft**. I remained consistent, yes — but not stagnant. I advanced in my ability, judgement, and responsibility.

These experiences taught me that progress is not about grand leaps. It is about **small, steady steps** forward — steps that accumulate and shape not only the individual but also the community they serve. That’s why I hope younger generations will not settle for consistency alone, and certainly not for regression. **True personal development demands courage to move beyond comfort zones**, to keep learning, adapting, and evolving for the benefit of oneself and the society in which one lives. **Conclusion: Choosing Progress, Not Passivity**

Progress or regress — the path we choose defines the life we live. My journey, from a teenage learner wrestling with a dic-

or freeze. Every time you do this, you weaken the old pathway. Skip the rumination; let the feeling rise and fall without rehearsing the narrative. Starve the pain-body, and it gradually shrinks.

What freedom looks like

The goal isn’t to erase pain – life

will still pinch. Instead, it’s to feel without becoming fused with the feeling. Over time:

- Reactions grow milder and shorter.
- Compassion – for yourself and others – shows up first, not last.
- Choices expand: a pause, a question, a gentle “Let’s talk later.”

Old echoes fade when they’re no longer amplified by our attention. In the new quiet, we can steer by what matters now, not by what once went wrong.

When the past calls, let it go to voicemail. The present moment has better things to say.

tionary to a seafarer navigating international communication, and later, an editor shaping the national news narrative, is a testament to what **consistent effort and a refusal to settle** can yield. The difference between moving forward and falling back is not marked by circumstances alone but by **our will to grow, even in the face of challenge**. I believe each of us holds the power to choose progress, not just for personal gain, but for the betterment of the society we are part of. To the younger generation, my message is simple yet sincere: **never stop learning, never cling to comfort, and never let regression become a habit**. In forging your own path, let the spirit of progress guide you steadily, purposefully, and relentlessly.

“Small deeds done are better than great deeds planned.”— Peter Marshall

This quote reminds us that progress often begins not with ambition alone, but with action, consistent, quiet, and determined.

သင့်မြတ်လေ့တန်ခိုး တိုးတက်မှု ဆိုတာ ကိုယ်ကိုတိုင်ကိုသာမက လူမှု အသိုင်းအဝိုင်း တခုလုံးကိုလည်း မြှင့်တင်ပေးနိုင်ပါတယ်။

(True, appropriate progress uplifts not only the individual but also the entire community around them.)

NATIONAL

CBM to sell US\$30M to fuel oil businesspeople

THE Central Bank of Myanmar (CBM) announced on 28 July that it would sell US\$30 million to fuel oil businesspeople.

CBM sold over \$354,900 to fuel oil-importing companies in addition to an injection of 1.184 million yuan on 28 July.

CBM sold over \$1.29 million to edible oil-importing companies and \$485,266 to fuel oil-importing companies on 25 July again.

CBM sold over \$1.345 million, which were purchased from companies working on a Cut-Make and Pack basis, to edible oil-importing companies on 24 July.

CBM sold over \$2.36 million to edible oil-importing companies and \$320,700 to fuel oil-importing companies on 23 July 2025.

CBM announced on 22 July that it would sell \$27 million to those engaged in the fuel oil industry and 130 million baht to importers. CBM injected \$660,000 and 474,900 yuan on 22



The facade of the Central Bank of Myanmar (CBM) in Nay Pyi Taw.

July into the financial market after sales of over \$3 million to edible oil-importing companies.

CBM sold over \$1.75 million each into edible oil-importing companies and fuel oil-importing companies on 21 July, again, after the injection of over 9.36 million baht to construction companies and over 337,800 yuan and 500,000 rupees to the financial market on that day.

CBM pumped over \$3 million and 700,000 yuan into the financial market on 18 July after selling \$1.1 million to edible oil-importing companies.

CBM sold over \$1.5 million to edible oil-importing companies on 17 July, in addition to an injection of over 756,260 yuan and 2,000 baht into the financial market.

CBM sold \$1.2 million, which

were purchased from companies working on a Cut-, Make and Pack basis, to edible oil companies on 16 July.

CBM announced on 15 July that it would pump \$33 million into the fuel oil industry. In addition to injecting over 324,360 yuan into the financial market, CBM sold over \$771,290 million into the edible oil-importing companies on that day.

CBM aims to curb the instability in the foreign exchange market and currency devaluation. According to CBM’s notification on 15 March 2024, it has been collaborating with law enforcement agencies to combat and prosecute those who attempt to manipulate the currency market under the existing laws. CBM allowed authorized dealers (private banks) to operate online foreign exchange trading freely as per the market rate, depending on supply and demand, starting from 5 December 2023. — NN/KK

Endorsement of Revised Myanmar Standards Version Adoption

CONTINUED FROM YESTERDAY

No	Myanmar Standards
117.	MMS ISO 10993-10:2021 Biological evaluation of medical devices — Part 10: Tests for skin sensitization
118.	MMS ISO 10993-12:2021 Biological evaluation of medical devices — Part 12: Sample preparation and reference materials
119.	MMS ISO 10993-17:2023 Biological evaluation of medical devices — Part 17: Toxicological risk assessment of medical device constituents
120.	MMS ISO 11607-2:2019+AMD1:2023 Packaging for terminally sterilized medical devices — Part 2: Validation requirements for forming, sealing and assembly processes - Amendment 1: Application of risk management
121.	MMS ISO 14155:2020 Clinical investigation of medical devices for human subjects — Good clinical practice
122.	MMS ISO 15223-1:2021 + AMD1:2025 Medical devices — Symbols to be used with information to be supplied by the manufacturer — Part 1: General requirements - Amendment 1: Addition of defined term for authorized representative and modified EC REP symbol to not be country or region specific
123.	MMS ISO 15747: 2018 Plastic containers for intravenous injections
124.	MMS IEC 60601-1:2024 Medical electrical equipment — Part 1: General requirements for basic safety and essential performance (SER)
125.	MMS IEC 60601-2-19:2020 + AMD 1:2023 Medical electrical equipment — Part 2-19: Particular requirements for the basic safety and essential performance of infant incubators
126.	MMS ISO 36:2020 Rubber, vulcanized or thermoplastic — Determination of adhesion to textile fabrics
127.	MMS ISO 37:2024 Rubber, vulcanized or thermoplastic — Determination of tensile stress-strain properties

No	Myanmar Standards
128.	MMS ISO 125:2020 Natural rubber latex concentrate — Determination of alkalinity
129.	MMS ISO 127:2018 Rubber, natural latex concentrate — Determination of KOH number
130.	MMS ISO 188:2023 Rubber, vulcanized or thermoplastic — Accelerated ageing and heat resistance tests
131.	MMS-ISO 248-1:2021 Rubber, raw — Determination of volatile-matter content — Part 1: Hot-mill method and oven method
132.	MMS ISO 249:2016+AMD1:2022 Rubber, raw natural — Determination of dirt content
133.	MMS ISO 506:2020 Rubber latex, natural, concentrate — Determination of volatile fatty acid number
134.	MMS ISO 1431-1:2024 Rubber, vulcanized or thermoplastic — Resistance to ozone cracking — Part 1: Static and dynamic strain testing
135.	MMS ISO 1436:2020 Rubber hoses and hose assemblies — Wire-braid-reinforced hydraulic types for oil-based or water-based fluids — Specification
136.	MMS ISO 1656:2019 Rubber, raw natural and rubber latex, natural — Determination of nitrogen content
137.	MMS ISO 1817:2024 Rubber, vulcanized or thermoplastic — Determination of the effect of liquids
138.	MMS ISO 1827:2022 Rubber, vulcanized or thermoplastic — Determination of shear modulus and adhesion to rigid plates — Quadruple-shear methods
139.	MMS ISO 2000:2020 Rubber, raw natural — Guidelines for the specification of technically specified rubber (TSR)

TO BE CONTINUED

NATIONAL

Firefighters evacuate over 2,200 in Kalaw, Aungban, and Yaksawk

MORE than 2,200 people have been evacuated to safe places due to flooding in Kalaw, Aungban, and Yaksawk in Shan State, according to the Myanmar Fire Services Department.

Heavy rains triggered flooding in the Kalaw Creek at 7:15 am on 28 July, prompting firefighters and reserve teams to conduct search and rescue operations.

A total of 1,378 victims from about 400 houses in Wards 2, 3 and 4 in Kalaw were relocated to their relatives' homes.

Similarly, heavy rains caused flooding in Aungban at 8 am on 28 July, leading to the evacuation of 41 people to nearby

monasteries by firefighters.

Another flood incident happened in the Zawgyi Creek the same day at around 2:30 pm in Yaksawk, where 184 victims were evacuated to a stadium in the township.

Additionally, on 29 July at around 8:25 am, heavy rains led to flooding in Bilin. As sections of the Yangon-Mawlamyine Highway were submerged, firefighters assisted in ensuring traffic safety and preventing congestion. — MT/ZN

Firefighters are seen arriving at the flooded areas in time to help rescue operations.



Heavy rains trigger deadly floods, landslides in Pindaya and Ywangan

HEAVY rains caused flooding and landslides in Pindaya and Ywangan townships in southern Shan State, which also caused fatalities, according to locals.

The authorities have issued a warning to residents to take special care, and search and rescue operations are being carried out, the humanitarian organizations said.

"For the time being, the bridge at Mai In village on Pyidaungsu Road in Yaksawk was closed. We recovered five bodies killed by a landslide in Kone Saung village, including children. Some are missing. We are still working on the rescue operation," said a member of the relief association.

Flooding began at midnight on 27 July in Pindaya, triggered by landslides that covered hundreds of acres of farmland. Some villages in the northern Pindaya were also flooded, and the road to the ShweUMin Pa-



Flooding in Pindaya.

goda has been closed.

"Currently, the water from Pindaya can reach Yaksawk, so Yaksawk locals must prepare in advance", he continued.

According to a statement issued by the Department of Meteorology and Hydrology on 29 July based on measurements at 06:30 am, the Sittoung River in Toungoo and Madauk reached about two feet and 5.5 feet above the respective

danger level, the Shwegyin River about three feet above the danger level in Shwegyin, the Thanlwin River about five feet above the danger level in Hpa-an, the Thaungyin River more than four feet above the danger level in Myawady, the Bilin River more than 1.5 feet above danger level in Bilin, and the Mae Sai creek more than two feet above the danger level in Tachilek. — Htun Htun/ ZN

Digital Talent Show showcases skills of final-year students from 19 computer univs

THE "Internship Programme Graduation and My Story (Story of July) Digital Talent Show 2025" ceremony for final-year students from 19 universities of Computer Studies was held on 27 July at UAB Tower in Kamayut Township, Yangon Region.

The show is jointly organized by the Department of Research and Innovation under the Ministry of Science and Technology, the Information and Communication Technology Research Centre (ICTRC), and the Myanmar Digital Entrepreneurs Association (MDEA).

At the event, students from 19 computer universities show-

cased their AI and e-commerce projects, business management innovations, new creations in the ICT field, and other demonstrations of AI technology and digital talent.

Aiming to bridge the gap between university education and workplace needs, the ICTRC and the MDEA jointly offer a three-month internship programme for computer science students, and this year, 100 students from 19 computer universities — 80 in computer science and 20 in computer technology — completed the programme, with 32 of them receiving scholarships. — ASH/TH



This photo features teachers, students, and equipment at the "Internship Programme Graduation and My Story (Story of July) Digital Talent Show 2025" ceremony.

EARTHQUAKE NEWS
(Issued at 1:25 pm MST)

A strong earthquake of magnitude 6.1 Richter Scale with its epicentre outside Myanmar (Nicobar Islands, India Region), latitude 6.84 °N, longitude 93.17 °E, depth (10) kilometres, about 717 miles southwest of the Kaba Aye seismological observatory was recorded at 01 hour 11 minutes 51 seconds MST on 29 July 2025. — DMH

ECONOMY WORLD

Boeing reports smaller loss, sees more 'stability' in operations

BOEING reported a smaller loss in the second quarter Tuesday after the company delivered more planes, with its CEO pointing to signs of stabilization in operations.

The aviation giant reported a loss of \$697 million, compared with a loss of \$1.4 billion in the year-ago period. Revenues rose 34.9 per cent to \$22.7 billion, topping analyst estimates.

The aviation giant delivered the most planes in a second quarter, or in the first half of a year, since 2018, reflecting efforts to improve its quality control operations following a number of safety problems. Boeing has also resumed deliveries to Chinese carriers after they were halted at the height of the trade conflict earlier this year between Washington and Beijing.

The two countries have suspended their most onerous tariffs and are now working on a deal, with talks ongoing in Stockholm on Tuesday.

Boeing increased production on the 737 MAX to 38 per month during the quarter as it reaffirmed plans to seek approval from federal officials later this year to lift the output to 42 per month.

Production of the company's other top-selling jet, the 787 Dreamliner, now stands at seven per month, up from five earlier in the year. Chief Executive Kelly Ortberg said he was encouraged by the company's progress in the second quarter.

"Change takes time, but we're starting to see a difference in our performance across the business," Ortberg said. — AFP



(FILES) This photograph shows the logo of US aircraft manufacturer Boeing during the 55th edition of the International Paris Air Show (Salon international de l'aéronautique et de l'espace - SIAE) at the Paris-Le Bourget Airport, in Le Bourget, north of Paris on 20 June 2025. **PHOTO: BENOIT TESSIER / POOL / AFP**

Belarus' foreign trade in goods, services edges up in Jan-May

BELARUSIAN foreign trade in goods and services rose 1.9 per cent year on year to US\$39.84 billion in the first five months of 2025, the country's central bank said Monday.

Exports of goods and services amounted to \$19.53 billion, up 0.4 per cent year on year. Its imports rose 3.3 per cent to \$20.31 billion.

The country's trade deficit stood at \$778.3 million during the period, the central bank said. — Xinhua



This photo taken on 28 July 2025 shows the Rosenbad building in Stockholm, Sweden. The Chinese and US delegations convened here on Monday for a new round of economic and trade talks. **PHOTO: XINHUA**

China-US trade talks in Sweden stir global hopes

THE historic Rosenbad building, nestled by the mirror-like waters of Lake Malaren, is drawing international attention this week as China and the United States convene their third round of high-level trade talks.

Held at the office of Swedish Prime Minister Ulf Kristersson, the Stockholm meeting follows previous China-US trade talks in Geneva in May and London in June. These discussions are part of ongoing efforts to ease bilateral tensions and de-escalate the tariff disputes that have strained the

global economy.

Reporters began assembling outside the venue early Monday morning. By the time trade officials arrived around 2 pm local time (1200 GMT), over 60 journalists from around the world had gathered. A Reuters reporter expressed hope for "something concrete — maybe a further tariff delay or a pathway to easing duties".

Prime Minister Kristersson welcomed the event on the social media platform X. "I look forward to meeting with representatives of the US and the People's Republic of China

on Swedish soil. Welcome to Sweden!"

Since May, both countries have been working to implement the consensus reached during a recent presidential call. Central to these efforts is the reduction of excessive tariffs and a shared aim to cool down frictions between the world's two largest economies.

The Stockholm talks mark the third such meeting in three months and came just days before the expiration of a 90-day tariff truce agreed upon by the two sides. — Xinhua

Pakistan launches initiative to expand, modernize national shipping fleet

PAKISTAN'S Minister for Maritime Affairs Muhammad Junaid Anwar Chaudhry said on Tuesday that the country has kicked off an initiative to expand and modernize national shipping fleet as part of efforts to strengthen maritime infrastructure of the South Asian country.

"This initiative reflects our

broader vision to modernize the maritime sector, boost operational efficiency, and introduce advanced technologies across all institutions," the minister said while chairing a high-level meeting here.

He said that the initiative was designed not only to cut sea freight bills and conserve

foreign exchange, but also to support climate-smart maritime practices by strengthening a cleaner, more efficient domestic fleet. Chaudhry said that the expansion and modernization will focus on incorporating greener technologies and energy-efficient vessels into the state-owned fleet. — Xinhua

Indonesia's
investment
realization
grows 13.6%
in H1

INDONESIA recorded a 13.6 per cent year-on-year increase in investment realization, reaching 942.9 trillion rupiah in the first half of 2025, with 1.25 million jobs created, the Ministry of Investment and Downstreaming said on Tuesday.

The increase was mainly driven by second-quarter investment, which reached 477.7 trillion rupiah. "Foreign direct investment during the January to June 2025 period reached 432.6 trillion rupiah, accounting for 45.9 per cent," said Rosan Roeslani, Minister of Investment and Downstreaming, at a press conference. — Xinhua

European stocks rally with eyes on
earnings, trade deal

EUROPEAN stocks rallied Tuesday, lifted by a slew of corporate earnings and as investors further assessed the impact of the EU-US trade agreement.

Investors' attention turned also to the release of key US economic indicators and the Federal Reserve's next policy decision due Wednesday.

US President Donald Trump's agreement with the European Union on Sunday saw tariffs set at 15 per cent, down from a threatened 30 per cent, which helped ease trade war fears.

The Paris and Frankfurt stock markets jumped around 1.5 per cent in early afternoon deals.

London also advanced, boosted by a three-per-cent rise to the share price of



US President Donald Trump (R) shakes hands with European Commission President Ursula von der Leyen (L) after agreeing on a trade deal between the two economies following their meeting, in Turnberry south west Scotland on 27 July 2025, on the third day of his visit to the country, since his second tenure as President began. PHOTO: AFP

heavyweight AstraZeneca after the drugmaker posted strong earnings.

Market sentiment had

been cautious Monday "as the narrative took hold that the EU had failed to secure meaningful conces-

sions from the US", noted Deutsche Bank analyst Jim Reid.

But Tuesday saw "op-

timism that businesses can now start to operate with greater certainty in Europe", said Joshua Mahony, chief market analyst at Rostro trading group.

The euro, however, remained under pressure against the dollar on concerns about the impact of the trade deal on the euro-zone economy.

After a tepid day on Wall Street — which still saw the S&P and Nasdaq hit records — Asia markets were mixed. Tokyo and Hong Kong closed in the red, while Shanghai rose.

Traders kept an eye on US talks with other major economies, including India and South Korea, and negotiations between top US and Chinese officials in Stockholm. — AFP

AstraZeneca quarterly
net profit jumps on record
US growth



(FILES) A logo is pictured on a wall outside the offices of pharmaceutical company AstraZeneca in Macclesfield, central England on 11 May 2021. PHOTO: AFP

BRITISH pharmaceutical giant AstraZeneca on Tuesday said net profit rose 27 per cent in the second quarter, boosted by record growth in its key US market.

Profit after tax rose to \$2.45 billion in the three months to the end

of June, the company said in an earnings statement, following its recently announced multi-billion-dollar investment in the United States.

Total revenue climbed 12 per cent to a quarterly record of \$14.5 billion, driven by strong

cancer drug sales.

Amid the threat of President Donald Trump's possible tariffs on pharmaceutical imports, AstraZeneca has unveiled plans to invest US\$50 billion by 2030 and has already begun moving some of its European production to the US.

Chief executive Pascal Soriot said the "landmark investment reflects not only America's importance but also our confidence in our innovative medicines".

The United States, a critical market for the pharmaceutical industry, accounted for 44 per cent of AstraZeneca's total revenue in the second quarter, with US revenue jumping a record 13 per cent. — AFP

Notice for Change of Trade Name

We, Shandong Qiaochang Modern Agriculture Co.,Ltd. would like to change the Trade Name of the following products, which registered under Pesticide Registration Board, Myanmar, from Qiaochang Haloxypop-P-methyl to ဖေဇ်ယူ (For U), If any objection or enquiry, please contact to Co-secretary, Pesticide Registration Board, Plant Protection Division, Department of Agriculture, West Gyogone, Insein Township, Yangon from here to next (2) weeks.

Sr.	Old Trade Name	New Trade Name	Active Ingredient	Registration Type	Registration No.
1	Qiaochang Haloxypop-P-methyl	ဖေဇ်ယူ (For U)	Haloxypop-P-methyl 108g/1EC	Provisional	P2021-5261

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CLAIMS DAY NOTICE

M.V MSC SUPARNA F VOY.NO. (SB529A)

Consignees of cargo carried on M.V MSC SUPARNA F VOY.NO. (SB529A) are hereby notified that the vessel will be arriving on 30-7-2025 and cargo will be discharged into the premises of AWPT where it will lie at the consignee's risk and expenses and subject to the byelaws and conditions of the Port of Yangon.

Damaged cargo will be surveyed daily from 8 am to 11:20 am and 12 noon to 4 pm to Claim's Day now declared as the third day after final discharge of cargo from the Vessel.

No claims against this vessel will be admitted after the Claims Day.

Phone No: 2301185

Shipping Agency Department
Myanma Port Authority

Agent For:

M/S MEDITERRANEAN SHIPPING COMPANY S.A

ROLLING UPDATES

WORLD

Pope warns against undermining human 'dignity' in AI, social media era



Pope Leo XIV (L) attends the mass for the Jubilee of digital missionaries and Catholic influencers celebrated by Filipino Cardinal Luis Antonio Tagle at St Peter's Basilica at the Vatican on 29 July 2025. **PHOTO: AFP**

POPE Leo XIV on Tuesday called on the world to protect human "dignity" online as it faces the "challenge" of AI, at the Vatican's first mass for Catholic influencers.

He was speaking as thousands of young Catholics are in Rome this week for the Vatican's Jubilee of Youth — an event that takes place every 25 years — and as the Catholic Church tries to promote its message online amid a fall in church attendance.

"Nothing that comes from man and his creativity should be used to undermine the dignity of others," Leo told young Catholic social media figures at a mass in St Peter's Basilica.

He called on the world to protect "our ability to listen

and speak" in the "new era" of artificial intelligence.

The Vatican is holding a two-day event bringing together what it calls "digital missionaries and Catholic influencers" from around the world in a bid to promote its presence online.

It is the first time the centuries-old institution holds such an event.

He also called on Catholic social media influencers to convince others to create content that will "entail seeking out those who suffer and need to know the Lord".

Since taking over the papacy in May, the pope — an American mathematics graduate — has repeatedly warned about the dangers of AI for young people. — AFP

People evacuated, trains suspended as downpours lash North China

TORRENTIAL rains have wreaked havoc across northern China, forcing evacuations, disrupting traffic, and leaving 30 people dead in Beijing and eight more in neighbouring Hebei Province, where a landslide struck a village.

The rainstorm alert in the Chinese capital was cancelled on Tuesday as the rainbands weakened and shifted eastward, although showers were still forecast for the afternoon and evening.

The city remains on its highest level of flood-control emergency response.

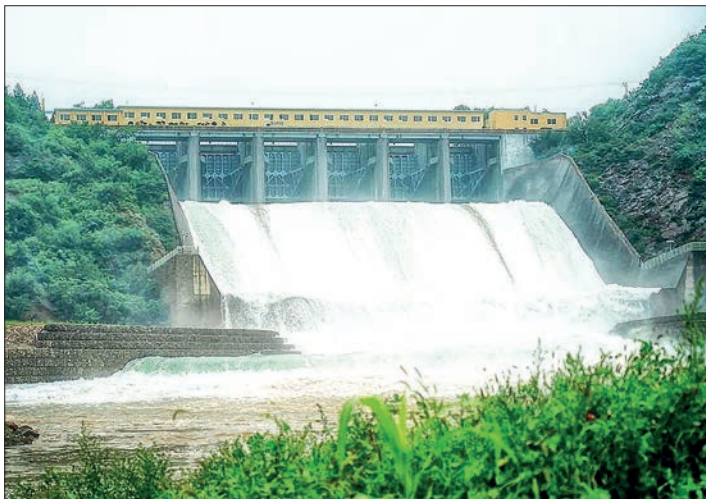
In Mentougou District, 15,195 people had been evacuated as of 8 am Tuesday, and all 19 major tourist sites had been closed. In Pinggu District, more than 12,800 people have been relocated, with 40 emergency shelters set up in gyms, schools, hotels and village offices. A total of 34 teams involving 1,073 personnel have been

deployed for flood response in Pinggu.

The city's meteorological bureau said the Chinese capital recorded an average of 72.2 millimetre of rainfall between 8 pm Monday and 10 am Tuesday, with a peak of 196.5 millimetre reported at Yancun Station in Fangshan District.

Authorities confirmed that

30 people had died in Beijing as of midnight Monday, including 28 in Miyun District and two in Yanqing. In Hebei Province, a rain-triggered landslide in Luoping County has killed eight people, with four others still missing. Officials said that all residents of the affected village will be relocated as a safety precaution. — Xinhua



This photo taken on 27 July 2025 shows water gushing out from the Miyun Reservoir in Miyun District, Beijing, capital of China. **PHOTO: XINHUA**

Cambodia reports 14th human case of H5N1 bird flu in 2025

A 26-year-old man from north-west Cambodia's Siem Reap province has been confirmed for H5N1 human avian influenza, raising the number of the cases to 14 so far this year, the Ministry of Health said in a statement on Tuesday.

"A laboratory result from the National Institute of Public Health showed on 26 July that the man was positive for H5N1 virus," the statement said.

"The patient has the symp-

toms of fever, cough, sore throat, stomach ache, and breathing difficulty, and is currently being rescued by a team of doctors," it added.

The victim lives in Kravann village of Siem Reap city.

"Investigations revealed that there were dead chickens near the patient's house and he also culled and plucked chickens three days before he fell ill," the statement said.

— Xinhua

Iran needs to continue uranium enrichment for peaceful purposes: FM

IRAN needs to continue domestic uranium enrichment for the production of radiopharmaceuticals and to fuel the country's "nascent" nuclear power reactors, Iranian Foreign Minister Seyed Abbas Araghchi said Monday.

"No one in their right mind would abandon the fruits of tremendous investment in home-grown and peaceful technology

which is saving lives — and simply because bullying foreigners demand it," Araghchi said on social media platform X. Iran has stepped up diplomatic efforts in recent weeks over the nuclear issue. On Friday morning, Iran as well as France, Britain and Germany, collectively known as the E3, resumed nuclear talks in Istanbul, Türkiye. — Xinhua

SPORTS

Myanmar dragon boat team to compete in 2025 World Championship

MYANMAR'S national dragon boat team is preparing to take part in the 2025 World Dragon Boat Championship scheduled to be held in Chengdu, China, in August.

According to sources, the team is currently undergoing training sessions at the Myanmar Rowing and Canoeing Federation located at Inya Lake in Yangon.

The Myanmar team will compete in the men's and women's events over the 200-metre, 500-metre and 2,000-metre distances.

The delegation will comprise six male athletes, six female athletes, one team captain, one manager and two coaches. — Arkar Linn/KZL



Rowers from the Myanmar national dragon boat team in action in the training session.



Shan United's new Brazilian signing Souza, a left winger formerly with Phrae United from Thailand. PHOTO: SUFC

Shan United, Yangon United add new foreign players

TOP-TIER clubs Shan United and Yangon United have bolstered their line-ups with new foreign signings in preparation for the 2025–2026 football season.

Shan United has strengthened its attacking line by signing Brazilian winger Souza, who most recently played for Phrae United from Thai League 2. The left-wing attacker joins the club's foreign player roster alongside Japanese midfielder Yuji and Ghanaian midfielder Mark Saki, whose contracts have been extended. Also, Brazilian defender Marucio, Japanese winger Yuki, and Canadian striker Jordan Hamilton have been signed, bringing the club's total foreign players to six.

Shan United will compete not only in domestic competitions but also in international tournaments, including the ASEAN Club Championship and the AFC Challenge League during the 2025-2026 season.

Similarly, Yangon United has signed Japanese defender Asano on a one-season deal. Asano becomes the fifth foreign player to join the club this season, following Cameroonian defender Edouriche, striker Mogu, Japanese forward Rintaro, and winger Saito. Asano was brought in as a replacement for Edouriche, who sustained a long-term injury during the MNL League Cup.

Yangon United is also planning to bring in another striker soon, aiming to strengthen its attack. After clinching the title in the MNL League Cup, Yangon United is reinforcing key positions ahead of the upcoming domestic league and the AFC Challenge League qualifiers. — Ko Nyi Lay/KZL

MTF to host President's Cup Teqball Open Championship 2025

THE Myanmar Teqball Federation (MTF) will organize the MTF President's Cup Teqball Open Championship 2025, scheduled to take place from 18 to 23 August 2025 at the MFF Futsal Indoor Stadium, located at Thuwunna Football Ground, Thimgangyun Township, Yangon, according to the organizing body.

The upcoming open-level championship will feature five categories: Men's Singles, Women's Singles, Men's Doubles, Women's Doubles, and Mixed Doubles. Each athlete will be allowed to compete in the category or categories of their choice.

Interested players can register for participation at the Teqball Training Facility inside the Kyaikasan Sports Complex, between 10 am and 2 pm daily from 30 July to 8 August.

Prizes and awards will be presented to the winners and outstanding performers. Also, top players from the tournament will be short-listed as potential candidates for the preliminary national selection for the 2025 SEA Games.

For further details, interested individuals may contact MTF Joint General Secretary U Min Oo Kyine at 09 5035143 or Tournament Manager U Sai Aung Hein at 09 260061699. — Arkar Linn/ KZL

Myanmar names provisional futsal squad for AFC qualifiers

THE head coach of Myanmar's national futsal team, Thai national Pattaya Piengkum, has selected a provisional squad of 24 players in preparation for the AFC Futsal Asian Cup 2026 qualifiers.

The selection was made based on the players' strong performances during the recently concluded Futsal Champion Cup 2025. The training camp for the squad is scheduled to commence on 3 August.

Among the selected players are

promising young talents such as Jimmy Soe (YCDC MHDT), Htun Htun Win (Pyae Sone), and Myo Thet Kyaw (VUC), who impressed with their skills and potential.

Myanmar has been placed in Group H alongside Afghanistan and the Maldives. The group stage matches will be hosted in Myanmar, with the national team facing Afghanistan on 22 September and the Maldives on 24 September.

— Chit Ko Ko/KZL

China to face DPR Korea, Bangladesh, Uzbekistan in 2026 Women's Asian Cup group stage

DEFENDING champion China was drawn into Group B of the 2026 AFC Women's Asian Cup on Tuesday, alongside DPR Korea, Bangladesh and Uzbekistan.

The tournament will be held in Australia next year. China will first face Bangladesh on 3 March, followed by Uzbekistan on 6 March and DPR Korea on 9 March, with all three matches to be played at Western Sydney Stadium.

Host Australia has been drawn into Group A alongside 2022 Women's Asia Cup runner-up South Korea, Iran and the Philippines.

Australia's Matildas will open the tournament on 1 March against the Philippines at Perth Rectangular Stadium in Western Australia before facing Iran at Gold Coast Stadium on

5 March, and South Korea at Sydney's Stadium Australia on 8 March.

In Group C, Japan will take on Vietnam, India and Chinese Taipei.

The top two teams in each group and the two best third-placed teams will qualify for the quarterfinals. Stadium Australia and Perth Rectangular Stadium will each host two quarterfinals and one semifinal, while the final will be played at the 79,500-capacity Stadium Australia on 21 March.

The tournament will also serve as the final stage of Asian qualifying for the 2027 FIFA Women's World Cup, with all four semifinalists to qualify directly and the quarterfinal losers to advance to play-offs, where two more spots at the global showpiece will be at stake. — Xinhua

Pope warns against
undermining human 'dignity'
in AI, social media era
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WORLD

Global hunger falls in 2024, but setbacks in Africa, West Asia: UN Report

GLOBAL hunger levels declined in 2024 for the second consecutive year, with an estimated 15 million fewer people affected than in 2023, according to the latest United Nations (UN) report on food security. However, progress remains uneven, as hunger continues to rise in parts of Africa and Western Asia amid ongoing food crises and inflationary pressures.

The 2025 edition of The State of Food Security and Nutrition in the World (SOFI) was released Monday by five UN agencies, including the Food and Agriculture Organization (FAO), the World Food Programme (WFP), and the World Health Organization (WHO), at the UN Food Systems Summit Stocktaking Moment in Addis Ababa.

Globally, 8.2 per cent of the population - between 638 million and 720 million people - experienced hunger in 2024. This represents a modest improvement from 8.5 per cent in 2023 and 8.7 per cent in 2022.

The overall decline was largely driven by progress in South-East Asia, Southern Asia, and South America. However, the report warned that these gains are being offset by worsening hunger trends in most sub-regions of Africa and Western Asia, particularly in countries facing prolonged conflict, displacement, or economic instability.



A man sells food products in Balcad town, Shabelle region of Somalia, 7 December 2024. PHOTO: XINHUA

Persistently high food price inflation was cited as a major obstacle to achieving global food security and nutrition targets. "Since late 2020, food price inflation has emerged as a key driver of food insecurity across all income groups," the report noted, with low-income communities hit hardest.

In 2024, approximately 2.60 billion people - or 31.9 per cent of the global population - were unable to afford a healthy diet. While this marks an improvement from 33.5 per cent in 2022, the burden remains high, especially in economically vulnerable regions. — Xinhua

Russian space agency chief Bakanov arrives in US – Roscosmos

ROSCOSMOS CEO Dmitry Bakanov has arrived in the United States to meet with NASA management and the crew of the Crew Dragon spacecraft, which includes Russian Oleg Platonov,



In this handout photo released by the Russian Space Agency Roscosmos, the Angara A5 rocket is lifted on the launchpad ahead of its upcoming launch at the Vostochny cosmodrome in Amur Region. PHOTO: SPUTNIK

the state corporation told journalists. "Dmitry Bakanov arrived in Houston as the head of the Roscosmos delegation to meet with NASA management. This is the first face-to-face meeting of the heads of Russian and US space agencies in eight years," the statement said.

It is noted that first, he and the leadership of the US space agency will visit the structural divisions of the Johnson Space Centre and get acquainted with their work. In addition, the Russian delegation plans to visit the Boeing production unit, where reusable manned transport spacecraft CST-100 Starliner is being developed, and hold talks with the management of the company's space programme. — SPUTNIK

Thai, Cambodian military commanders meet in border areas

REGIONAL army commanders of Thailand and Cambodia met Tuesday morning in border areas, discussing the implementation of the ceasefire reached a day earlier, both sides confirmed.

Thai army spokesperson Winthai Suvaree said on Tuesday that regional army commanders of Thailand and Cambodia held meetings earlier in the day and agreed to a ceasefire and a freeze on troop movements ahead of the General Border Committee (GBC) meeting scheduled for 4 August. The spokesperson added that a ceasefire had already been in effect along the Thai-Cambodian border before the meetings.

Meanwhile, Cambodian Ministry of National Defence's Spokesperson, Lieutenant-General Maly Socheata, said in a press briefing Tuesday that the commanders of Cambodian military region 5 and the Thai military region 1 held a meeting for more than 10 minutes. "Both sides agreed to respect the ceasefire and stop increasing the number of troops in order to avoid confrontation and tension," she said. "They also agreed to reconnect communication and provide information to each other." — Xinhua